## DOGPATCH URBAN GARDENS

## Salad Subscription - 2023

The DUG Salad Subscription is a delicious way to eat salads with fresh, locally grown, seasonal, and nutrient-dense salad greens in a convenient manner. You purchase your share ahead of time and pick up your items each Wednesday.

Each subscription provides **8 oz of fresh greens** for salad each week. This size is ideal for you if you like to pack a salad for lunch or eat a salad with dinner, but also prefer to dine out a few nights a week.

Our Greens Share is a modified CSA (Community Supported Agriculture). CSA stands for Community Supported Agriculture and is a way for our customers to experience many benefits from our farm. You will get access to high-quality and FRESH greens that have a much longer shelf life than greens from a grocery chain. You also get a direct connection to your growers. I send out a weekly "behind the scenes" email and you can see us during pick-up and talk to us about the products. Lastly, CSA members pay for their share ahead of time which helps to cash flow farmers during the off-season. This income helps to pay for seeds, labor, soil amendments, and more to keep the farm running!

## Locally grown produce plus a whole lot more!

The DUG FarmStand is your one-stop-shop for supporting local growers, makers, and producers. We love stocking our shelves with items grown by farmers with similar values/missions as ours. We also are expanding our product lines to offer unique pantry items that promote business we enjoy and want to introduce to our shoppers.

Think of the DUG FarmStand as a specialty foods store curated by FarmHer Jenny!

Can't make it to the farmstand? No worries; you can shop online  $24 \times 7$  in our secure online store.

Dogpatch Urban Gardens FarmStand 5085 Meredith Drive Des Moines, Iowa 50310

Hours: 10am-4pm Wednesdays and Saturdays

www.dogpatchurbangardens.com